



THE MOUNTAIN HERMITAGE
TEN DAY VIPASSANA RETREAT FOR
EXPERIENCED STUDENTS

with Annie Nugent

NOVEMBER 3 - 12, 2025

Hyperslow Retreat Center @ San Geronimo Lodge
Taos, NM

The Essence of the Buddha's Teachings – " Nothing is to be clung to..."

Awakening to a quietly joyful simplicity in life comes with a growing maturity in our understanding of the essence of the Buddha's teachings.

This ten day retreat aims to strengthen our direct experience of these essential teachings on freedom, allowing the naturally wise and compassionate heart to engage the world with ease.

The retreat is designed for experienced practitioners and will include meditation instruction, Dhamma talks, teacher interviews and discussion time.

*Applications are requested soon as space is limited to 15 practitioners..
Limited scholarship funding is available. No fees for monastics.*

Sliding scale fees: low (\$1675) actual (\$1875) benefactor (\$2344)

Annie Nugent has studied and practiced in the Theravadan and Tibetan traditions since 1979 under the guidance of a range of teachers including Sayadaw U Pandita, Sayadaw U Teijanea, Tulku Akong Rinpoche, and various western teachers. Annie was the resident teacher for staff at The Insight Meditation Society in Barre, MA from 1999-2003, and now teaches elsewhere, including the annual IMS three-month retreat and The Forest Refuge. Her teaching style aims to reveal how our lives are opportunities to develop a clear understanding of the Truth.



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