

# The Mountain Hermitage



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November 1, 2022

Dear Dharma Friend,

Following on after his enlightenment, the Buddha spent the next 40 years traveling around India teaching the Dharma. I have been deeply inspired over and over again by the fact that each time he visited a new village, the first Dharma talk he always offered was about Dana/Generosity. He did this because he knew that generosity is a natural characteristic of the heart/mind...and also because it is the absolute foundation of the way he lived and taught. The Buddha often said that *“the highest form of generosity is giving the gift of the Dharma.”* It is because of people like you who have supported this gift for the last 2600 years that the Dharma has thrived and is here with us today. The Mountain Hermitage has fully embraced the goal of offering the Dharma, but we can only give this gift with your help.

***The Mountain Hermitage exists because of your generosity. It is your generosity that makes our gift of the Dharma possible.***

The point of the teaching and practices that we offer through TMH retreats is for each of us to take what we have learned through our practice and continue to develop these understandings and fruits, incorporating them into our daily lives. As each of us knows, we are currently living in an excessively tangled world, which includes the suffering of our beautiful planet. The point of our practice is to also take our understanding and fruits out to the world towards helping to untangle the tangles within the heart/mind of all the beings that we share this magnificent world with.

***Please help us to offer healing and awakening through the Dharma. The Buddha Dharma is needed now more than ever. It truly is because of people like you that TMH has been able to continue and to expand our Dharma offerings in-person and online, both locally and globally.***

## **Your Generosity Will Support The Dharma In These Ways:**

- You will enable TMH and our honored teachers to continue to offer retreats dedicated to the inner cultivation and outer manifestation of concentration, wisdom, lovingkindness, compassion and peace, like those offered for 2023 (listed on the back of this letter).
- You will support scholarships that enable monastics to attend our retreats at no cost.
- You will support scholarships that enable those who could not otherwise afford to attend TMH retreats to participate in our retreats.
- You will enable TMH to offer retreats online for those who cannot attend in person for reasons of health, age, or inability to travel.
- You will support the livelihood of the founding and guiding teacher and the administrative staff and their many activities that keep TMH going and growing.
- You will enhance your own heart/mind through the spirit of giving, along with strengthening and deepening your practice according to the Buddha's guidance.

***“Generosity brings happiness at every stage of its expression. We experience joy in forming the intention to be generous. We experience joy in the actual act of giving something. We experience joy in remembering the fact that we have given.”*** Gautama Buddha

(over)

### **How You Can Help:**

- Offer a one-time donation during this fundraising campaign or any time throughout the year.
- Offer an ongoing monthly donation.
- Offer dana to any of our wonderful teachers on a one-time basis or as recurring support for their livelihood and teaching.
- Set-up and offer to TMH through planned giving in your end-of-life financial plans.

With a deep bow of gratitude to you for your support and much metta,



Marcia Rose – TMH founding and guiding teacher

*Donations can be made through “Network For Good” on our website: [www.mountainhermitage.org](http://www.mountainhermitage.org)  
Or, you can send us your Dana via a check to:*

*The Mountain Hermitage  
P.O. Box 807  
Ranchos de Taos, NM 87557-0807*

### **TMH 2023 RETREAT SCHEDULE**

#### **In-Person Retreats at Hyperslow Retreat Center @San Geronimo Lodge, Taos, NM**

**February 10-17, 2023 FINDING FREEDOM THROUGH MEDITATION  
with Brian Lesage For All Experience Levels**

**March 26-April 16, 2023 THREE-WEEK SPRING HERMITAGE RETREAT  
with Marcia Rose & teaching assistant Kristina Baré For Experienced Students**

**July 7-14, 2023 RECOGNIZING NATURAL AWARENESS  
with Greg Scharf For All Experience Levels**

**November 3-12, 2023 TEN-DAY VIPASSANA RETREAT  
with Annie Nugent For Experienced Students**

**December 2-11, 2023 TEN-DAY CONCENTRATION/INSIGHT RETREAT  
with Venerable Tomas Dhammadipa For Experienced Students**

### **TMH 2023 ON-LINE RETREATS**

**May 27, 2023 ONE-DAY INDIGENOUS PRESENCE: Decolonizing Ourselves From Greed, Hatred, & Delusion BIPOC RETREAT (Black, Indigenous & People of Color)  
with Bonnie Duran & Carol Cano For All Experience Levels**

**October, November, December, 2023 SUNDAY INTERNATIONAL SANGHA  
(Short Teaching, Meditation, Dharma Discussion Once-A-Week 10 am – 11:30 am Mountain Time)  
with Marcia Rose For All Experience Levels**