

THE MOUNTAIN HERMITAGE

Fourteen-Day Online At Home Hermitage



August 31 - September
13, 2022

Online At Home

Guiding teacher: Ariya Baumann

A unique opportunity for experienced Dharma practitioners to enter a supportive space of solitude and silence for intensive, independent meditation practice.

*Vipassana, Brahma Vihara & the Four Protective Reflections
guidance available*

The Mountain Hermitage is now taking applications from experienced practitioners for the 2022 Fourteen-Day Online At Home Summer Hermitage. The guiding teacher will offer support to Hermitage yogis through regular Dhamma talks and individual/group practice meetings. Individual daily practice schedule is flexible. In consultation with the teacher, students decide upon a course of practice that may be directed specifically towards Vipassana/Insight, Brahma Vihara, or the Four Protective Reflections practice or some combination of the three.

Space is limited to 20 yogis – early application is recommended.

Sliding Scale Fees:

\$225 (low) \$325 (actual) \$475 (benefactor)

PARTIAL SCHOLARSHIP FUNDS AVAILABLE
for Dharma students who otherwise could not afford to attend
Application Necessary No fee for Monastics

*The Mountain Hermitage: 575-758-0633 or
hermitage@mountainhermitage.org*

*Download: Information, Practice Guidelines, and Application Forms
at: www.mountainhermitage.org*