



Image by Chris & Kate Knorr

**THE MOUNTAIN HERMITAGE &
MARCIA ROSE INVITE YOU TO JOIN US**

**ON SATURDAY, APRIL 10, 2021
from 9:30 am to 1:00 pm (MDT)
THIS INTERNATIONAL SANGHA
MINI-RETREAT
will be devoted to the exploration of
THE GREAT BLESSINGS OF OUR
PRECIOUS HUMAN EXISTENCE**

Dear Friends,

As what has been a difficult year for all of us comes to an end, spring is showing up on this magnificent planet that is governed by the natural law of reciprocity...of regeneration and replacement...of mutual flourishing.

In this mini-retreat we will explore the great blessings of our rare and precious human existence, rejoicing in the fact that one is alive and has decided to pursue the causes of happiness, rather than the causes of suffering.

This 1st great blessing of being connected to the Dhamma lightens the heart and sets a tone for our practice that is absolutely necessary for liberation...the factor in the heart/mind of joy.

Please join us on Saturday April 10, 2021 from 9:30 am to 1 pm Mountain Time (please check the corresponding time where you are) for our $\frac{1}{2}$ day mini-retreat. All sincere Dhamma students are welcome. Please feel free to invite others who are interested.

There will be two sitting meditation sessions with some guidance and one short walking or meditative movement session. Marcia will offer a Dhamma Reflection and time for Q&A and Dhamma discussion.

NO REGISTRATION. NO FEE. DANA/DONATIONS WELCOME.

*For more information on how to join and how to offer dana,
[please click HERE.](#)*



Marcia Rose is the founding and guiding teacher of the Mountain Hermitage and founding teacher of Taos Mountain Sangha in Taos, NM. She has been practicing & studying the Dharma, primarily in the Theravada tradition for over 45 years. She has been teaching for over 28 years at Insight Meditation Society/IMS, The Mountain Hermitage, and in other venues around the U.S. as well as internationally.

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