



**SUNDAY INTERNATIONAL SANGHA**  
**ONLINE MINI RETREAT**  
**WITH MARCIA ROSE**

*Founding and Guiding Teacher of  
The Mountain Hermitage, Taos, New Mexico*

Date: Sunday, January 31, 2021

Time: 9:30am - 12:30pm (Mountain Time)

*Please check for the corresponding  
time where you currently are.*

Dear Friends,

With all of the various upheavals, uncertainties, undercurrents and Covid19 issues that each and all of us are traversing these days on this magnificent planet that we share with all forms of life, our 5th monthly Sunday International Sangha mini-retreat will be devoted to the exploration of Stepping Into PEACE.

With this mini-retreat we will mindfully explore the feeling tone...be it pleasant, unpleasant or neutral...of our experiences of body, mind and heart. We will sit together twice. Marcia will offer a Dharma reflection along with time for Dharma discussion and questions. With this practice we learn to touch into non-reactivity...and move into a responsive place of PEACE in the midst of it all.

Please join us on time from 9:30 am to 12:30 pm Mountain Time. You are welcome to invite others who are interested to join our Sunday International Sangha gathering.

With love, Marcia

***NO REGISTRATION. NO FEE. DANA/DONATIONS WELCOME.***

***For more information on how to join and how to offer dana,  
please click [HERE](#).***



Marcia Rose is the founding and guiding teacher of the Mountain Hermitage and founding teacher of Taos Mountain Sangha in Taos, NM. She has been practicing & studying the Dharma, primarily in the Theravada tradition for over 45 years. She has been teaching for over 28 years at Insight Meditation Society/IMS, The Mountain Hermitage, and in other venues around the U.S. as well as internationally.

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