



SUNDAY INTERNATIONAL SANGHA
ONLINE MINI RETREAT
WITH MARCIA ROSE

*Founding and Guiding Teacher of
The Mountain Hermitage, Taos, New Mexico*

Date: Sunday, November 22, 2020

Time: 9:30am - 12:30pm (Mountain Time)

*Please check for the corresponding
time where you currently are.*

Dear Friends,

With all of the various upheavals, uncertainties, undercurrents and Covid19 issues that each and all of us are traversing these days on this magnificent planet that we share with all forms of life, our 3rd monthly Sunday International Sangha mini-retreat will be devoted to the exploration of The Liberating Embrace of Anicca-Impermanence.

In taking our cues from the obvious and subtle rhythms of the natural world, we come to deeply sense and know that time, our bodies, our thoughts, every experience and all worldly phenomena is absolutely fluid and evanescent. NOTHING stays the same. EVERYTHING changes. To live in harmony with this truth moves us towards a presence of ease and an openhearted spontaneous devotion to life.

Through meditation practice and reflection we will explore this most essential and basic truth together during our mini-retreat. Please join us on time from 9:30 am to 12:30 pm Mountain Time for two meditation sits, a Dharma reflection and a discussion/Q&A. You are welcome to invite others who are interested to join our Sunday International Sangha gathering.

With love, Marcia

NO REGISTRATION. NO FEE. DANA/DONATIONS WELCOME.
***For more information on how to join and how to offer dana,
please click on the link below this flyer.***



Marcia Rose is the founding and guiding teacher of the Mountain Hermitage and founding teacher of Taos Mountain Sangha in Taos, NM. She has been practicing & studying the Dharma, primarily in the Theravada tradition for over 45 years. She has been teaching for over 28 years at Insight Meditation Society/IMS, The Mountain Hermitage, and in other venues around the U.S. as well as internationally.

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