## MARCIA ROSE AND TAOS MOUNTAIN SANGHA OFFER AN ONLINE EVENING TEACHING

DATE: Wednesday June 24, 2020

TIME: 6:00 to 7:45 pm

PLACE: Heart of the Sacred Center

522 Paseo del Pueblo Norte,

Taos, NM

CONTACT: Taos Mountain Sangha

tmsangha@gmail.com

www.taosmountainsangha.org

ZOOM INFO:

https://us02web.zoom.us/j/87818932012? pwd=VFpTVExVY3kzWjR5QjFySkRIYlpxZz09 Meeting ID: 878 1893 2012 Password: 285378 ALL ARE WELCOME.

Marcia and TMS offer these evenings on a dana/donation basis. There is no set fee.

At the end of the evening there will be an opportunity to make an offering from the heart to the teacher and to TMS.

## BUDDHIST PRACTICE AS A WAY OF LIFE

Please explore the following questions during the week before we meet on Wed. June 24th with TMS when we will practice with and explore this topic together online.

## Questions for reflection:

- 1. Why do you practice?
- 2. Which of the practices that you regularly or irregularly engage in most impact your daily life?
- 3. Do you experience a separation between your meditation practice and how you live your life?
- 4. If so, what is your personal experience of this in specific ways?
- 5. Would you like to experience a more integrated relationship between the Buddhist teachings, your meditation practice and your daily life?
- 6. How might you be able to inspire, encourage and help this to happen?



*Marcia Rose* is the founding and guiding teacher of The Mountain Hermitage & founding teacher of Taos Mountain Sangha in Taos, NM. She has been practicing & studying the Dharma, primarily in the Theravada tradition for over 30 years. She has been teaching for over 24 years at Insight Meditation Society/IMS, The Mountain Hermitage, and in other venues around the U.S., as well as internationally.

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