

# THE LIBERATING EMBRACE OF ANICCA-IMPERMANENCE

3 SATURDAY MORNING CLASSES WITH MARCIA ROSE\*  
AT TAOS MOUNTAIN SANGHA

*In taking our cues from the obvious and subtle rhythms of the natural world, we come to deeply sense and know that time, our bodies, our thoughts, every experience and all worldly phenomena is absolutely fluid and evanescent. NOTHING stays the same. EVERYTHING changes. To live in harmony with this truth moves us towards a presence of ease that is filled with appreciation, gratitude and an unprompted, spontaneous devotion to life.*

*We will explore this most essential and basic truth together for three consecutive Saturday mornings. Each class will include a short Dharma talk, group discussion, shared readings and meditation practice.*

**DATES:** Saturday, Feb 29, 2020  
Saturday, Mar 7, 2020  
Saturday, Mar 14, 2020  
**TIME:** 9:30 am to 11:45 am  
**PLACE:** Heart of the Sacred Center  
522 Paseo del Pueblo Norte,  
Taos, NM



Pre-registration and commitment to attend all three classes is necessary  
**TO REGISTER:** Please contact Taos Mountain Sangha or The Mountain Hermitage  
[tmsangha@gmail.com](mailto:tmsangha@gmail.com) [www.taosmountainsangha.org](http://www.taosmountainsangha.org)  
[hermitage@mountainhermitage.org](mailto:hermitage@mountainhermitage.org)  
[www.mountainhermitage.org](http://www.mountainhermitage.org) 575-758-0633

This series of classes is offered on a dana/donation basis.

\*Marcia Rose is the founding and guiding teacher of The Mountain Hermitage.

