

THE MOUNTAIN HERMITAGE

Healing the Self – Healing the Earth *An Eco-Dharma Retreat with David Loy*



"We are here to awaken from the illusion of our separation."

-Thich Nhat Hanh

"I came to realize clearly that mind is nothing other than rivers, mountains, and the great wide earth, the sun and the moon and the stars."

-Dogen

September 23 – 27, 2016

*Columbine Inn
Taos Ski Valley, NM*

This unique Eco-Dharma retreat format encourages exploration of the ways that spiritual practice in nature can nourish an ecological and social consciousness based on caring, wisdom and compassion rather than on anxiety and anger. This 5 day retreat is not a forum for policy discussion. It is a deeply personal exploration of what is meaningful and nourishing in your life. We will dive deep into the issues that we face daily: how Dharma relates to our individual selves, to society, and to the ecological, social, and individual emergencies on our beloved planet. We hope to strengthen our connection with spirit and nature while developing tools to face these issues with compassion and wisdom. There will be periods of meditation and reflection both indoors and outdoors, interspersed with large and small group discussion as well as varied evening programs. The schedule includes daily meditation (with instruction), Dharma talks, experiential exercises, and varied evening programs. There will also be small group meetings with the teacher, as well as time for discussion and sharing one's experiences.

Space is limited to 20 retreatants. Early application is advised.

Sliding Scale Fee (does not include Dana):

Low - \$325 Actual - \$425 Benefactor - \$525

David R. Loy is a professor, writer, and Zen teacher in the Sanbo Zen tradition of Japanese Buddhism. He is a prolific author, whose essays and books have been translated into many languages. His articles appear regularly in the pages of major Buddhist journals as well as in a variety of scholarly journals. He is on the editorial or advisory boards of various journals and international organizations. David lectures nationally and internationally, focusing primarily on the encounter between Buddhism and modernity: what each can learn from the other. He is especially concerned about social and ecological issues. He also leads meditation retreats. (To find out about David Loy and his forthcoming lectures, workshops, retreats, and books, please see his website: www.davidloy.org)

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Download: *Information, Practice Guidelines, and Application Form*
at: www.mountainhermitage.org