

THE MOUNTAIN HERMITAGE

Samatha/ Concentration Retreat *with Marcia Rose*



November 1-20, 2016
Columbine Inn
Taos Ski Valley, New Mexico

The Mountain Hermitage is now taking applications from experienced practitioners for this three-week *Samatha/Concentration* retreat. Guidance will be offered for the development and nurturing of deep concentration leading towards *Jhana* in the lineage of Burmese meditation master Venerable Pa Auk Sayadaw.

The retreat will be held in Noble Silence, and will consist of alternate periods of sitting & walking, instructions, *Dhamma* talks & individual practice interviews. Small group size at *Hermitage* retreats helps to create a more intimate experience and easier access to teachers. All yogis will have a single room with private bath. *Space is limited to 16 yogis – applications are necessary.*

Sliding Scale Fee:

(low) \$ 1578 (actual cost) \$ 1778 (benefactor) \$ 1978
Additional Scholarship support available – application required

Marcia Rose is the founding & guiding teacher of The Mountain Hermitage. She has been studying and practicing Buddhist teachings and meditation with Asian and Western teachers since 1970, primarily in the *Theravada-Vipassana* (Path of the Elders) tradition. Her own teaching reflects a clear influence from the Burmese *Mahasi Vipassana* and the Pa-Auk Forest Monastery lineages. Marcia also teaches *Vipassana*, Concentration and *Brahma Vihara* retreats in U.S. and international venues, and is dedicated to offering these ancient and timeless teachings in ways that make them accessible and authentic for contemporary culture.

The Mountain Hermitage: 575-758-0633
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Download: *Information, Practice Guidelines, and Application Form*
at: www.mountainhermitage.org