

THE MOUNTAIN HERMITAGE

Two-week Retreat: Self-No Self & the Creative Process



July 11-25, 2014
Taos Ski Valley, New Mexico

Guiding teacher: **Marcia Rose**
with Movement Teacher **Wynne Fricke** & Writing Teacher **Sean Murphy**

This very special retreat offers a unique opportunity for Dharma students to engage in two weeks of practice grounded in the Vipassana teachings & practice with an orientation towards investigating 'no-self' in relationship to the creative process.

Sliding Scale Fees- Two weeks: \$1310 - \$1460 - \$1610

The Mountain Hermitage is now taking applications for the 2014 Self-No Self & the Creative Process Retreat. The retreat is open to anyone with a sincere interest in the Dharma. Along with sitting, walking, Dharma talks, individual practice interviews & some group discussion, we will explore the flow of creative energy in relationship to "self-view" via movement/contact improvisation, seeing/drawing, & writing. One need not have experience with any of these creative modalities to participate in the retreat.

The Self-No Self & the Creative Process Retreat will be held at the Columbine Inn in beautiful Taos Ski Valley, New Mexico. Yogis will have exclusive use of the lodge and grounds, which provide the privacy, quiet, and sense of harmony that is most conducive to intensive practice. Space is limited to 20 yogis – applications are necessary.

PARTIAL SCHOLARSHIP FUNDS AVAILABLE

**Low-income people of color; people in service professions; & other
Dharma students who otherwise could not afford to attend**

Application Necessary
No fee for Monastics

The Mountain Hermitage: 575-758-0633 or hermitage@mountainhermitage.org

Download: *Information, Practice Guidelines, and Application Form*
at: www.mountainhermitage.org