

THE MOUNTAIN HERMITAGE

Listening, Contemplation, and Meditation:

A Study Retreat on Right View
with Venerable Dhammadinna
& Tenzin Jesse



November 8-15, 2013
Taos, New Mexico

When invited to teach on right view, Ven. Sariputta began with these words: “*When, friends, a noble disciple understands the unwholesome and the root of the unwholesome, the wholesome and the root of the wholesome, in that way he is one of right view.*” Developing this clarity in our practice will lead us to happiness and liberation. We will spend this week giving careful attention to discerning the skillful and unskillful, and looking into the workings of the law of nature as it pertains to our cultivation of this kind of wise discernment.

The retreat will be held in Noble Silence, and is open to both experienced and beginning Dharma students. There will be meditation instruction (in the style of the *Mahasi Sayadaw*), silent sitting and walking, two lectures a day and occasional group discussion.

The *Study Retreat on Right View* will be held at the historic San Geronimo Lodge in Taos, New Mexico. Throughout the week-long retreat, *The Mountain Hermitage* will have exclusive use of this beautiful building and grounds, which provide the privacy, quiet, and sense of harmony that is most conducive to practice.

Sliding Scale Fee:
(low) \$575 (actual cost) \$675 (benefactor) \$775
Additional Scholarship support available – Application necessary

Venerable Dhammadinna lives in Seattle, WA. She took robes in 1983 with the great Burmese meditation master Ven. Taungpulu Sayadaw. She also studied with Ven. Sayadaw U. Pandita & Indian meditation master Dipa Ma. Since then she has lived & studied in Burma with Ven. Taungpulu Saydaw, in Thailand with Ajahn Buddhadasa, & in Dharamsala with His Holiness the Dalai Lama who accepted her as his personal student in 2000. In 2006, she was invited to Seattle where she co-founded Bodhiheart Sangha Meditation Center with Tenzin Jesse. Ven. Dhammadinna is deeply committed to the practices of *samatha* & *vipassana* meditation as shared by both the Theravada & Mahayana Buddhist traditions.

Tenzin Jesse worked as a crisis counselor before spending two decades guiding wilderness sea kayaking expeditions. After hearing His Holiness the Dalai Lama teach in 1993, she began studying Tibetan Buddhism & has subsequently practiced with teachers in the Gelug, Kagyu & Nyingma traditions. Jesse has completed the seven-year Lama Tsong Khapa Master’s Program, a traditional Buddhist monastic curriculum. In 2004 she moved to India to study with the Dalai Lama & received ordination there from His Holiness. She returned to Seattle in 2006 & with Ven. Dhammadinna founded BodhiHeart Sangha, where she now teaches Dharma.

The Mountain Hermitage: 575-758-0633 or hermitage@mountainhermitage.org
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at: www.mountainhermitage.org