

# THE MOUNTAIN HERMITAGE

## One Month Hermitage



**April 4 - May 2, 2013**  
*April 4-18 or April 18-May 2 Options*  
**San Geronimo Lodge**  
**Taos, New Mexico**

**Guiding teachers: Marcia Rose & Anne Nugent**

*A unique opportunity for experienced Dharma practitioners to enter a supportive space of solitude and silence for intensive, independent meditation practice.*  
***Vipassana, Brahma Vihara & Concentration guidance available***

*The Mountain Hermitage* is now taking applications from experienced practitioners for the 2013 One-Month *Hermitage*. Guiding teachers will offer support to *Hermitage* yogis through regular *Dharma* talks and private interviews. Individual daily practice schedule is flexible. In consultation with the teacher(s), students decide upon a course of practice that may be directed specifically towards *Vipassana/Insight*, *Brahma Vihara*, or *Samatha/Concentration* practice... or some combination of the three.

The 2013 One-Month *Hermitage* will be held at the historic San Geronimo Lodge in Taos, New Mexico. Yogis will have exclusive use of this beautiful building and grounds, which provide the privacy, quiet, and sense of harmony that is most conducive to intensive practice. Space is limited to 20 yogis – application is necessary.

**Sliding Scale Fees: One Month/28 days: \$2150 - \$2450 - \$2750**  
**2 weeks/14 days: \$1075 - \$1225 - \$1375**

### **PARTIAL SCHOLARSHIP FUNDS AVAILABLE**

**Low-income people of color; people in service professions; & other  
Dharma students who otherwise could not afford to attend**

**Application Necessary**  
***No fee for Monastics***

*The Mountain Hermitage: 575-758-0633 or [hermitage@mountainhermitage.org](mailto:hermitage@mountainhermitage.org)*  
*Download: Information, Practice Guidelines, and Application Form*  
*at: [www.mountainhermitage.org](http://www.mountainhermitage.org)*