

**Retreatant Yogi Questionnaire & Application**  
**Wise Concentration Retreat Nov. 5-7, 2010**  
**San Geronimo Lodge – Taos, NM 87571**

The Mountain Hermitage PO Box 807 Ranchos de Taos, NM 87557 phone: 575-758-0633  
e-mail: [hermitage@mountainhermitage.org](mailto:hermitage@mountainhermitage.org) Website: [www.mountainhermitage.org](http://www.mountainhermitage.org)

Please answer the following questions about your meditation, medical and psychological history. **This information is confidential** and strictly for the use of the retreat teacher, Marcia Rose, to guide you more skillfully in your practice. it will be destroyed at the end of the retreat.

**Please be as complete as possible and print clearly.**

Thank you.

Name \_\_\_\_\_ Sex  Female  Male

Mailing Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ e-mail \_\_\_\_\_

Occupation \_\_\_\_\_ Date of birth \_\_\_\_\_

Please list teachers and dates of previous retreats; *Concentration/Jhana or Samatha, Vipassana* (Insight meditation) or *Metta* (LovingKindness), that you have attended. (*Please use extra sheet of paper if necessary.*)

Indicate any other meditation experience.

Indicate your current daily or weekly spiritual practice(s).

Are you currently seeing a therapist or counselor?  Yes  No

If so, does your therapist approve your attending this retreat?  Yes  No

Have you ever been diagnosed with a psychological condition?  Yes  No

If so, please describe the diagnosis, treatment and dates.

Have you ever attempted to take your life?  Yes  No

If so, please state when.

Do you have any history of physical illness or limitations which might be aggravated by or interfere with sitting and walking meditation?  Yes  No If so, please describe.

Are you currently taking any medications for physical or psychological conditions?  
 Yes  No If so, please list each medication and the condition it is being used to treat.

Describe any present circumstances which might be placing you under additional stress or make meditation difficult for you (such as recent loss of a loved one or a job, substance abuse, fasting, etc.)

Add any additional comments you would like to convey to the teacher.

**FEES** are on a sliding scale to allow you to pay according to your means. Please pay at least the mid-range amount if you are able, to allow others to attend who need to pay less. Note that the mid-range amount represents the actual cost of the retreat.

*Sliding Scale Fee:*  
\$134 (low) \$184 (actual cost) \$234 (benefactor)

Please indicate the amount you are able to pay \_\_\_\_\_ (Any amount paid above the mid-range is a tax-deductible donation.)

*Any dana offered to the teacher(s) or Hermitage staff (cook and retreat manager) is over and above the retreat fees listed above.*

This retreat will have some scholarship support available. Are you applying for scholarship support?  
Yes / No

If Yes, please fill out and include the scholarship application along with this application.

If you would like to make a tax-deductible donation to The Mountain Hermitage Scholarship Fund to help others attend this retreat, please indicate the amount \_\_\_\_\_

Please include a \$60 deposit with this application to reserve your space.

**How did you hear about this retreat?**

- \_\_\_\_ Attended previous Hermitage retreat(s)
- \_\_\_\_ Hermitage e-mail flyers or e-newsletter
- \_\_\_\_ Printed flyer
- \_\_\_\_ Advertisement in Buddhadharma Magazine
- \_\_\_\_ Advertisement in Inquiring Mind Magazine
- \_\_\_\_ Word of Mouth
- \_\_\_\_ Other (Specify) \_\_\_\_\_

EMERGENCY CONTACT: In case of any emergency where you may need support or assistance, who may we contact on your behalf? Please provide the name and contact information of someone who would be available during your stay at the retreat.

Name:

Phone:

E-mail:

Relationship:

Alternate contact, if available:

Your Signature\_\_\_\_\_

Date\_\_\_\_\_

Please return this form to: The Mountain Hermitage  
PO Box 807  
Ranchos de Taos, NM 87557

E-mail: [hermitage@mountainhermitage.org](mailto:hermitage@mountainhermitage.org)

**Thank you. May your practice serve towards the welfare and happiness of all beings everywhere.**