

THE MOUNTAIN HERMITAGE

One Month Hermitage



April 6 - May 4, 2010
April 6-20 or April 20-May 4
Taos, New Mexico

Guiding teacher: **Marcia Rose**

A unique opportunity for experienced Dharma practitioners to enter a supportive space of solitude and silence for intensive, independent meditation practice.

Insight & Concentration guidance available

SPECIAL SCHOLARSHIP OFFER

**Low-income people of color; people in service professions; & other Dharma students who otherwise could not afford to attend;
Lay Dharma Teachers & Monastics**

**Retreat Fees: 1 Month/28 days: \$850 2 weeks/14 days: \$425
No fee for Monastics**

The Mountain Hermitage is now taking applications from experienced practitioners for the 2010 One-Month Hermitage. Guiding teachers will offer support to Hermitage yogis through regular Dharma talks and private interviews. Individual daily practice schedule is flexible. Our foundation practice is Vipassana which may sometimes be supplemented by other concentration or awareness practices.

The 2010 One-Month Hermitage will be held at the historic San Geronimo Lodge in Taos, New Mexico. All yogis will have single rooms and have exclusive use of this beautiful building and grounds, which provide the privacy, quiet, and sense of harmony that is most conducive to intensive practice. Space is limited to 20 yogis – applications are necessary.

**Sliding Scale Fees: One Month/28 days: \$1908; \$2108; \$2308
2 weeks/14 days: \$954; \$1054; \$1154**

The Mountain Hermitage: 575-758-0633 or hermitage@mountainhermitage.org
Download: *Information, Practice Guidelines, and Application Form*
at: www.mountainhermitage.org