

THE MOUNTAIN HERMITAGE

Two-week Retreat: *Self - No Self* & *the Creative Process*



November 8-22, 2010
Taos, New Mexico

Guiding teacher: **Marcia Rose**
with Movement Teacher: **Zuleikha**
and Writing Teacher: **Sean Murphy**

This very special retreat offers a unique opportunity for experienced Dharma students to engage in two weeks of practice grounded in the Vipassana teachings & practice with an orientation towards investigating 'no-self' in relationship to the creative process.

Sliding Scale Fees- Two weeks/14 days: \$875; \$975; \$1075

The Mountain Hermitage is now taking applications from experienced practitioners for the 2010 Self – No Self & the Creative Process Retreat. Along with sitting, walking, Dharma talks, individual practice interviews & some group discussion, we will explore the flow of creative energy in relationship to “self-view” via movement/contact improvisation, seeing/drawing, & writing. One need not have experience with any of these creative modalities to participate in the retreat.

The Self – No Self & the Creative Process Retreat will be held at the historic San Geronimo Lodge in Taos, New Mexico. All yogis will have single rooms and have exclusive use of this beautiful building and grounds, which provide the privacy, quiet, and sense of harmony that is most conducive to intensive practice. Space is limited to 16 yogis – applications are necessary.

SPECIAL SCHOLARSHIP OFFER

**Low-income people of color; people in service professions; & other Dharma students who otherwise could not afford to attend;
Lay Dharma Teachers & Monastics**

Minimum Retreat Fee: \$425 No fee for Monastics

The Mountain Hermitage: 575-758-0633 or hermitage@mountainhermitage.org
Download: *Information, Practice Guidelines, and Application Form*
at: www.mountainhermitage.org